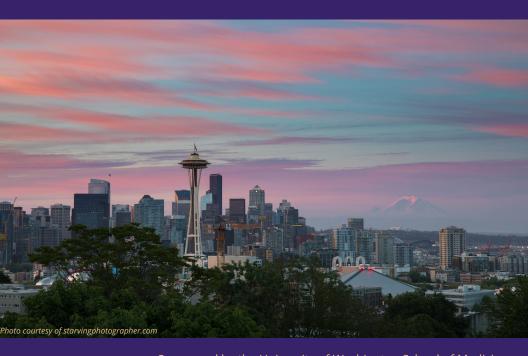


Diabetes Update for Primary Care

March 13-14, 2020 ONLINE WEBINAR via ZOOM



Sponsored by the University of Washington School of Medicine Department of Medicine, Division of Metabolism, Endocrinology and Nutrition Office of Continuing Medical Education

Diabetes Update for Primary Care

TARGET AUDIENCE

Primary care providers including family practice physicians, internists, physician assistants, advanced nurse practictioners, nurses and other healthcare professionals.

COURSE DESCRIPTION

This is a comprehensive 1.5-day course on diabetes geared toward primary care providers. There is an immense need for provider education as the incidence of diabetes in the general population reaches 10%; primary care clinics carry the major burden of these patients. Didactic lectures and interactive workshops offered in this program will provide the latest information on current classification of diabetes and guideline updates. Important highlights of this course include an update on the newer pharmacologic agents for diabetes, effecitve disease management in older individuals and management of diabetes in primary care. Current therapies in obesity, management of diabetic kidney disease and nutrition therapy in diabetes will be reviewed.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Identify and appropriately diagnose the type of diabetes for any given patient.
- Recommend appropriate nutritional interventions for individuals with diabetes.
- Discuss new therapeutics and older agents to treat diabetes.
- Recognize cardiovascular benefits of therapies for diabetes.
- Identify and appropriately manage complications in diabetes.
- Manage diabetes in a cost-effective manner.

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation
The University of

Washington School of Medicine designates this live activity for

ACCME ACCREDITED WITH COMMENDATION

a maximum of 11.25 AMA PRA Category 1 CreditsTM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

FEES AND REGISTRATION

All Learners \$275.00

Resident/Fellow* \$150.00

*Rate requires written confirmation of current resident/fellow status

The fee for this course includes catering, access to electronic instruction materials, and transcript of AMA PRA Category 1 Credits™. To enroll, please register online at uwcme. org or complete the registration form. If you have not received email confirmation prior to your departure for the course, please contact the CME Office at 206.543.1050. CME will not be responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the course.

To request disability accommodation, contact the Disability Services Office at 206-543-6450 (voice), 206-543-6452 (TTY), 206-685-7264 (fax), or dso@uw.edu, at least 10 days in advance of the event

Course Faculty

COURSE CO-CHAIRS

Irl B. Hirsch, MD

Professor

Department of Medicine Division of Metabolism,

Endocrinology & Nutrition

Savitha Subramanian, MD

Associate Professor Department of Medicine Division of Metabolism,

Endocrinology & Nutrition

FACULTY

Faaiza Alibhai, PharmD

Pharmacist

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Jing Chao, MD

Clinical Assistant Professor Division of Metabolism,

Endocrinology & Nutrition

Maureen Chomko, RD, CDE

Dietician and Diabetes Educator

Neighborcare Health

Ian de Boer, MD, MS

Professor

Division of Nephrology

Alison Evert, MS, RD, CDE

Manager

Nutrition and Diabetes Programs

UW Neighborhood Clinics

Farah Khan, MD

Clinical Assistant Professor Division of Metabolism,

Endocrinology & Nutrition

Charles Landis, MD, PhD

Assistant Professor

Division of Gastroenterology

Katrina Sullivan, DPM, MS

Teaching Associate

Division of General Internal Medicine

Arthi Thirumalai, MD

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Clinical Pharmacist

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Brent Wisse, MD

Associate Professor

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Endocrinology & Nutrition

Lorena Wright, MD, FACE

Clinical Associate Professor

Division of Metabolism,

Endocrinology & Nutrition



Friday, March 13, 2020

- 7:55 Welcome
- 8:00 What Type of Diabetes Does This Patient Have? Lorena Wright, MD
- 8:45 American Diabetes Association Standards of Care in Diabetes 2020 Savitha Subramanian, MD
- 9:30 American Diabetes Association Guidelines on Nutrition Alison Evert, MS, RD, CDE
- 10:15 Break
- 10:35 Using SGLT2 Inhibitors and GLP-1 Analogs Subbulaxmi Trikudanathan, MD, MRCP, MMsc
- 11:20 2020 Insulin Nuts and Bolts Dace Trence, MD
- 12:10 Lunch break
- 1:15 Management of Diabetes in Older Adults Brent Wisse, MD
- 2:00 Effective Use of 'Older Therapies' in Type 2 Diabetes Arthi Thirumalai, MD
- 2:40 Fad Diets and Diabetes Management: What's the Evidence? Maureen Chomko, RD, CDE
- 3:20 Break
- 3:25 Preparing Patients With Type 2 Diabetes for Procedures Jing Chao, MD
- 3:50 Foot Care in Diabetes Katrina Sullivan, DPM, MS
- 4:15 Insulin Strategies for Primary Care Farah Khan, MD
- 5:00 Adjourn

Saturday, March 14, 2020

- 7:55 Welcome
- 8:00 Management of Type 1 Diabetes for Primary Care Physicians Irl Hirsch, MD
- 8:50 KDIGO Clinical Practice Guideline on Diabetes Management in CKD *Ian de Boer, MD, MS*
- 9:35 Management of Fatty Liver Disease Charles Landis, MD, PhD
- 10:10 Break
- 10:30 Diabetes On a Budget Kathryn Weaver, MD
- 11:15 Difficult Lipid Cases Savitha Subramanian, MD
- 12:05 Diabetes Technology Faaiza Alibhai, PharmD, and Abby Winter, PharmD, BCACP
- 12:50 Adjourn