

UW Medicine

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OF MEDICINE

Diabetes Update for Primary Care

March 13-14, 2020
ONLINE
WEBINAR via ZOOM



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Sponsored by the University of Washington School of Medicine
Department of Medicine, Division of Metabolism, Endocrinology and Nutrition
Office of Continuing Medical Education

Diabetes Update for Primary Care

TARGET AUDIENCE

Primary care providers including family practice physicians, internists, physician assistants, advanced nurse practitioners, nurses and other healthcare professionals.

COURSE DESCRIPTION

This is a comprehensive 1.5-day course on diabetes geared toward primary care providers. There is an immense need for provider education as the incidence of diabetes in the general population reaches 10%; primary care clinics carry the major burden of these patients. Didactic lectures and interactive workshops offered in this program will provide the latest information on current classification of diabetes and guideline updates. Important highlights of this course include an update on the newer pharmacologic agents for diabetes, effective disease management in older individuals and management of diabetes in primary care. Current therapies in obesity, management of diabetic kidney disease and nutrition therapy in diabetes will be reviewed.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Identify and appropriately diagnose the type of diabetes for any given patient.
- Recommend appropriate nutritional interventions for individuals with diabetes.
- Discuss new therapeutics and older agents to treat diabetes.
- Recognize cardiovascular benefits of therapies for diabetes.
- Identify and appropriately manage complications in diabetes.
- Manage diabetes in a cost-effective manner.

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 11.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



FEES AND REGISTRATION

All Learners	\$275.00
Resident/Fellow*	\$150.00
<i>*Rate requires written confirmation of current resident/fellow status</i>	

The fee for this course includes catering, access to electronic instruction materials, and transcript of AMA PRA Category 1 Credits™. To enroll, please register online at uwcmce.org or complete the registration form. If you have not received email confirmation prior to your departure for the course, please contact the CME Office at 206.543.1050. CME will not be responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the course.

To request disability accommodation, contact the Disability Services Office at 206-543-6450 (voice), 206-543-6452 (TTY), 206-685-7264 (fax), or dso@uw.edu, at least 10 days in advance of the event.

Course Faculty

COURSE CO-CHAIRS

Irl B. Hirsch, MD
Professor
Department of Medicine
Division of Metabolism,
Endocrinology & Nutrition

Savitha Subramanian, MD
Associate Professor
Department of Medicine
Division of Metabolism,
Endocrinology & Nutrition

FACULTY

Faiza Alibhai, PharmD
Pharmacist
University of Washington Medical Center

Katrina Sullivan, DPM, MS
Teaching Associate
Division of General Internal Medicine

Jing Chao, MD
Clinical Assistant Professor
Division of Metabolism,
Endocrinology & Nutrition

Arthi Thirumalai, MD
Assistant Professor
Division of Metabolism,
Endocrinology & Nutrition

Maureen Chomko, RD, CDE
Dietician and Diabetes Educator
Neighborcare Health

Dace Trencze, MD
Professor
Division of Metabolism,
Endocrinology & Nutrition

Ian de Boer, MD, MS
Professor
Division of Nephrology

**Subbulaxmi Trikudanathan, MD,
MRCP, MMSc**
Clinical Associate Professor
Division of Metabolism,
Endocrinology & Nutrition

Alison Evert, MS, RD, CDE
Manager
Nutrition and Diabetes Programs
UW Neighborhood Clinics

Kathryn Weaver, MD
Clinical Assistant Professor
Division of Metabolism,
Endocrinology & Nutrition

Farah Khan, MD
Clinical Assistant Professor
Division of Metabolism,
Endocrinology & Nutrition

Abby Winter, PharmD, BCACP
Clinical Pharmacist
University of Washington

Charles Landis, MD, PhD
Assistant Professor
Division of Gastroenterology

Brent Wisse, MD
Associate Professor
Division of Metabolism,
Endocrinology & Nutrition

Lorena Wright, MD, FACE
Clinical Associate Professor
Division of Metabolism,
Endocrinology & Nutrition



Friday, March 13, 2020

- 7:55 Welcome
- 8:00 What Type of Diabetes Does This Patient Have? - *Lorena Wright, MD*
- 8:45 American Diabetes Association Standards of Care in Diabetes 2020 -
Savitha Subramanian, MD
- 9:30 American Diabetes Association Guidelines on Nutrition -
Alison Evert, MS, RD, CDE
- 10:15 Break**
- 10:35 Using SGLT2 Inhibitors and GLP-1 Analogs -
Subbulaxmi Trikudanathan, MD, MRCP, MMsc
- 11:20 2020 Insulin - Nuts and Bolts - *Dace Trence, MD*
- 12:10 Lunch break**
- 1:15 Management of Diabetes in Older Adults - *Brent Wisse, MD*
- 2:00 Effective Use of 'Older Therapies' in Type 2 Diabetes - *Arthi Thirumalai, MD*
- 2:40 Fad Diets and Diabetes Management: What's the Evidence? -
Maureen Chomko, RD, CDE
- 3:20 Break**
- 3:25 Preparing Patients With Type 2 Diabetes for Procedures - *Jing Chao, MD*
- 3:50 Foot Care in Diabetes - *Katrina Sullivan, DPM, MS*
- 4:15 Insulin Strategies for Primary Care - *Farah Khan, MD*
- 5:00 Adjourn**

Saturday, March 14, 2020

- 7:55 Welcome
- 8:00 Management of Type 1 Diabetes for Primary Care Physicians - *Irl Hirsch, MD*
- 8:50 KDIGO Clinical Practice Guideline on Diabetes Management in CKD -
Ian de Boer, MD, MS
- 9:35 Management of Fatty Liver Disease - *Charles Landis, MD, PhD*
- 10:10 Break**
- 10:30 Diabetes On a Budget - *Kathryn Weaver, MD*
- 11:15 Difficult Lipid Cases - *Savitha Subramanian, MD*
- 12:05 Diabetes Technology - *Faaiza Alibhai, PharmD, and Abby Winter, PharmD, BCACP*
- 12:50 Adjourn**

Register Online: uwcme.org

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